## Area Board Update May 2021

## healthwatch Wiltshire

## Helping you stay up to date with the latest changes in health and care

Providing information and signposting is a key part of our role at Healthwwatch Wiltshire, and since the start of the Covid-19 pandemic we've seen an increasing number of visitors to our website to get the information they need from a trusted source.

Our advice and information pages help people to stay up to date with the latest changes in health and social care, as well as what's happening with Covid testing, vaccinations and the lifting of lockdown restrictions.

The range of information provided on the pandemic includes:

- <u>Where you can go</u> for a Covid test and where you can collect lateral flow test kits.
- What you need to know about the Covid vaccine – a Q&A about the vaccination programme.
- The <u>roadmap out of lockdown</u> detailing

the Government's four-step plan.

 Where you can <u>get support in your</u> <u>community</u> – particularly for those who are struggling and don't know where to get help.

There is also a wide range of help and advice on other issues including:

- <u>Downloadable guides</u> to mental health resources in Wiltshire for both children and adults – created by our young volunteers and members of our <u>mental health forum</u>.
- How to use the <u>NHS 111 First service</u>.
- Getting the most out of <u>virtual</u> <u>appointments</u>.
- Plus details of <u>Wiltshire advocacy services</u>, if you need help and support with the complaints process.

Find out more at <u>healthwatchwiltshire.co.uk/</u> <u>advice-and-information</u>

## Advice and information



Which Covid-19 test is right for you?

Not all Covid tests are the same so it's important to get the right one. Find out where to go to get tested,...

21 April 2021



What you need to know about the Covid-19 vaccine

Take a look at what you need to know about the Covid-19 vaccination programme including how you will know...

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Where to get mental health support in Wiltshire

Download our guides to help you find support for your mental health and wellbeing.

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View all

The roadmap out of lockdown

The Government has announced an easing of lockdown restrictions from 8 March, including a four step plan to...

1 March 2021

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